

Makeshift Face Mask

This mask won't protect you from germs, but it does help you cover a cough or sneeze and is a good reminder not to touch your face.

You will need:

- 2 full paper towel sheets that are still connected
- 12" pipe cleaner
- Parchment Baking Paper
- 2 rubber bands or elastic hair ties
- Scotch tape
- Glue stick
- Scissors
- Ruler
- (Optional) Colored pencils



Directions:

1. Fold the pipe cleaner into an N-shape, so each section is 4" long.
2. Press the N-shaped pipe cleaner together and loosely twist it as shown.
3. Cut a 7 1/2" X 5" piece of parchment baking paper. This will act as a moisture barrier.
4. Place the folded paper towels on a table, open end up. (**Option:** Carefully decorate the paper towels with colored pencils.) Position the parchment paper on the bottom center of the paper towels with the edge of the parchment lined up with the edge of the paper towels. Tape the corners of the parchment in place.



5. Apply a generous amount of glue to the center of the pipe cleaner. Stick the pipe cleaner in the center of the paper towel, positioning it just above the parchment as shown above.
6. Fold the paper towels in half. Accordion fold the paper towels and parchment lengthwise, spacing the folds about 1/2" apart.



7. Slip rubber bands onto each end and tie the bands in knots to hold them tight against the paper towel.
8. Fan out the center of the mask so it covers your nose and mouth. Slip the rubber bands around your ears. Pinch the section with the pipe cleaner over the bridge of your nose to create a tighter fit.



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