

Comforting Prayers

This is a difficult time for us all, made more difficult because we can't participate in some of the activities that so often bring us comfort. We offer these two prayers for your use during the COVID-19 pandemic, and hope that they will be of help.

Prayer in a Time of Pandemic

Eternal One,
You have blessed us with the gift of life,
and we give you thanks for each new day.
Guide us to use our days wisely and well.

In this time of trouble, ease our worries and give us patience.
Make us ever stronger in faith and in hope,
trusting you to uphold us in this life and the next.
Fill our hearts with love for others,
and let unselfish kindness shine in all that we do.

Grant your healing to the sick;
make them whole and calm their fears.
Give peace to the dying, surrounding them with light and love.
Comfort those who mourn, those who are anxious or lonely.

Protect the most vulnerable among us.
Protect our families, our neighbors and friends.
Help us to remember that we are all connected in love,
even though we are physically apart.

Protect those who serve, and guide their hands and hearts:
Nurses and aides, doctors and housekeepers,
Dining services, security guards, and administrators,
Activities staff, social workers and chaplains...
[Add additional people or categories as needed.]

Police and EMTs and first responders,
Delivery workers, pharmacy staff and grocery workers.
We give thanks for them all,
and know that you cherish each one.

To you we lift up all these prayers,
together with the prayers spoken only in our hearts.
With faith in your love and mercy, we are already giving thanks. Amen.

A Short Prayer in a Time of Trouble

Holy One, in this troubled time we turn to you for strength, for protection, healing, and comfort. Grant your healing to those who are sick and support their spirits through a fearful time. Grant your comfort to those who are mourning or fearful. Grant your protection and strength to those who serve in so many ways: healthcare workers and everyone who cares for us, first responders and essential workers everywhere. Remind us of the many gifts we have received from your hand: the gifts of life and love, of great beauty and everyday blessings. Strengthen us in faith and hope and love, for we know that you are with us and will never let us go. Amen.

