

# Brush to Canvas

Painting, drawing, and other art-related activities.

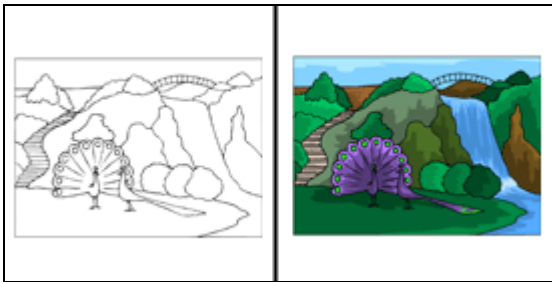
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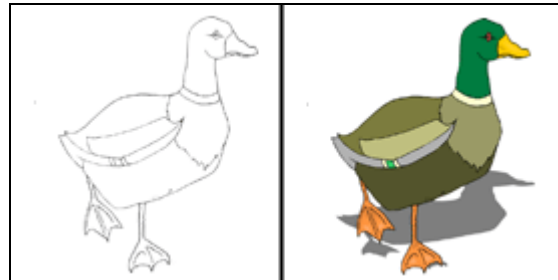
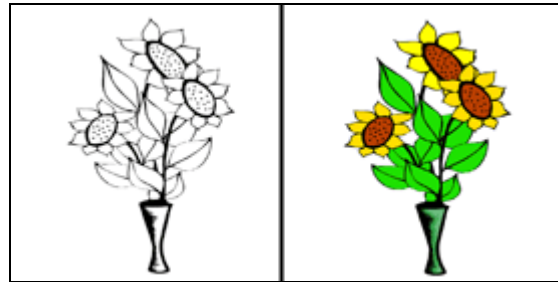
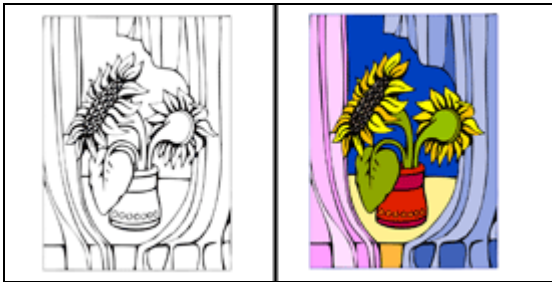
## August Adult Pages *painting / drawing / coloring pages to print*

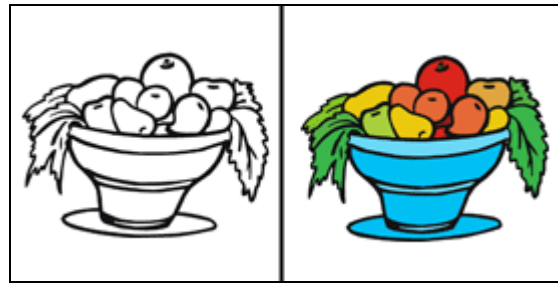
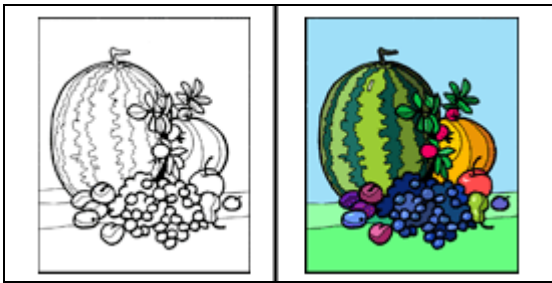
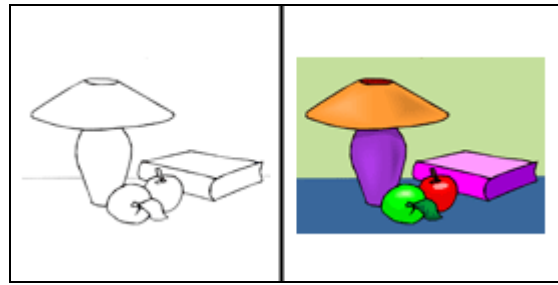
Click on an image. Print the drawing **and** a sample of how the finished picture might look.

### Standard Prints



### Bolder, Easier Prints





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## Uses & Tips

- For the "canvas" - Print the drawings on any paper that will fit your printer. **Tip:** Construction paper (cut to size) works great with pastels and charcoals.
  - For mediums - Use felt-tipped markers, watercolors, pastels, charcoals, crayons, colored pens, and colored pencils.
  - Draw it yourself - Use the drawings as "models" and try to copy by freehand.
  - Frame it - With interesting subjects and adult themes, the finished pictures can be framed and proudly hung on the wall.
  - Other uses - 1) Cut the colored pictures into pieces to make mini puzzles. 2) Save the drawings over several months and put together your own coloring book.
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## Relief Printmaking

~ by Kristen Sell

Relief printing is usually done with a carved piece of wood. However, you can achieve similar results using a piece of styrofoam. The technique is easy and can produce some interesting results.



### For this exercise, you will need:

- Water-based ink or paint (acrylic or tempura)
- Heavy styrofoam plates or styrofoam take-out containers (the thicker the better)
- Paper for printing the picture
- Sketching paper and pencils
- Ballpoint pens
- Small foam paint rollers
- Scissors
- Table covering like newspaper or plastic tablecloth
- Copy of a completed [EXAMPLE](#) to show the group

### What is relief printing?

In the relief process, the artist carves away the area of the picture he doesn't want to print, leaving only the image area raised. The ink/paint is applied to the surface with a roller. The carved away areas don't receive any ink/paint and, therefore, won't appear on the finished print.

### Step-by-step directions:

1. Cut a flat piece of styrofoam from a styrofoam plate or take-out container.
2. Cut a piece of sketching paper the size of the styrofoam and sketch out a design. It can be a flower, scene, simple circles, or whatever you want. Begin with

something simple for your first project. **Note:** *Don't use words or numbers because they will print backwards.*

3. Place the sketch on the piece of styrofoam and trace the design with a ballpoint pen, so the design appears on the styrofoam. Remove the paper and trace over the design again, pressing hard enough to make clear indentations.



4. Put some paint on a clean styrofoam plate and roll the foam paint roller through the paint until it makes the sound of Velcro being pulled apart. **Note:** *Don't use too much paint or it will run into the design.*



5. Roll the paint roller lightly across the surface of the styrofoam drawing. The paint should remain on the surface and all of the indentations should remain paint free.
6. Press a piece of paper firmly on top of the painted styrofoam surface. Gently remove the paper and you have a relief print!



7. Once completely dry, trim if necessary, frame, and hang it on a wall to enjoy.

### Suggestions & Other Uses

- Save your styrofoam template and print several copies of your design.
- Use thicker pieces of styrofoam from a hardware store. You can make deeper indentations, which can result in clearer prints.
- Experiment with different colors.
- Use relief printmaking to make some great cards and stationery.



### Professional Relief Printmaking

Many artists use relief printmaking. Type [relief printmaking](#) into your browser and search for some images to show the group.

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## Adult Coloring Resources

For more coloring pages, check out:

[Designs for Coloring](#)

The Designs for Coloring series provides hours of enjoyment with themed books that appeal to a more sophisticated eye. From moderate to complex designs, there's plenty here to entertain a discriminating "palette." Pages are perfect for colored pencils, wax pencils, and even thick enough for watercolors.



For other arts, check out the "Arts & Crafts" section of [Activity Basket](#).

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